

## **E-Safety: Blocking Inappropriate Content On Television**

### **Freeview**

There are a small selection of adult channels on Freeview. These tend to be situated to the end of the program guide, after the news channels. You can remove these from the program guide. To prevent them being re-added, put a pin code on the settings menu. Consult your television/freeview box user manual for details on how to do this as the exact steps vary from manufacturer to manufacturer. Please note, the channels will reappear after a re-scan is performed.

### **Sky**

You can setup parental controls on your sky account to block access to inappropriate channels. If you haven't already setup your Sky TV Pin, login to the My Sky section of the sky website from your computer using your Sky ID and password. Under the Your TV Pin section, enter a four digit pin. Once you have confirmed your pin, select Update Security Pin. Now from your Sky TV box, press the Services button. Highlight the Parental option and press the Select button. Now enter the Pin you just created. Now you can turn off the adult channels so they will no longer be accessible.

### **Virgin**

As with Sky, you can block access to adult channels accessible through your Virgin media box. By default, the pin will be set to either 1234 or 0000. The instructions are slightly different if you have a V-Box or a Tivo box:

### **V-Box Instructions**

To change your pin on a V Box, go to Home on your remote control, select Settings and Change Your Pin. From the Settings menu, select Set Locked Channels and press the yellow button on your remote.

### **Tivo Instructions**

To change your pin on a Tivo box, press the Home button on the remote control, goto Help & Settings and Parental Controls. From here you can enter a new pin. Now select Hide Adult Channels and select Hide Adult Channels again.

### **Blu-Ray Players and Smart TVs**

The latest generation of "Smart TVs" and Blu-Ray players allow you to browse the Internet and watch youtube clips through the device itself. The device will access the internet through your home broadband so it is possible to filter the content that can be displayed. This is covered in the guide to Internet Filters.